

# ROBERT FRIDMAN, DPM, AACFAS

## CERTIFICATION AND MEMBERSHIP

**Associate, American College of Foot and Ankle Surgeons**  
**Board Qualified, Reconstructive Rearfoot and Ankle Surgery, August 2005**  
**Board Qualified, Foot Surgery, August 2005**  
**Member, American Podiatric Medical Association**  
**Licence to Practice, States of New York & Illinois**  
**Manuscript Reviewer, Journal of the American Podiatric Medical Association**

## MEDICAL STAFF APPOINTMENTS

**Department of Orthopaedic Surgery, New York- Presbyterian Columbia Univ  
Medical Center,  
New York, NY**  
**Department of Vascular Surgery, New York- Presbyterian Weill-Cornell Medical Center  
New York,  
NY**  
**Department of Surgery, Lawrence Hospital Center, Bronxville, NY**

## SKILLS COURSES

### **Masters Experience: Foot and Ankle Arthroscopic Surgical Skills**

American Orthopaedic Foot and Ankle Society/Arthroscopy Association of North America, Orthopaedic Learning Center, Rosemont IL, October 22 –23, 2005

### **AO/ASIF Podiatric Comprehensive Course**

AO North America, Portland OR, November 17 – 20, 2005

### **American College of Foot and Ankle Surgeons Rearfoot and Ankle Reconstruction Workshop**

ACFAS 63rd Annual Scientific Conference, Hyatt Regency, New Orleans LA, March 9, 2005

### **Ponsetti Clubfoot Casting Workshop**

Bombay Orthopaedic Society, All India Institute of Physical Medicine and Rehabilitation, Mumbai India, November 28<sup>th</sup>, 2003

## PROFESSIONAL EXPERIENCE

### **Private Practice**

*Aug 2006 - Current*

*Foot Associates of New York*

*New York,*

*Riverdale, Bronxville, NY*

#### ■ Current Research

- Principal Investigator, Phase II Study, “Pivotal Study to Evaluate the Efficacy and Safety of Dermal – Living Skin Replacement (Dermal – LSR) in the Treatment of Chronic Diabetic Foot Ulcers.”

## EDUCATION

### **Fellow, Reconstructive Foot and Ankle Surgery and Research**

*Aug 2005-Aug 2006*

*Weil Foot & Ankle Institute*

*Des Plaines, IL*

#### ■ Publications

- Cain JD, Fridman R, Weil Jr. L, Weil Sr. LS. Can Bone Grafts Provide an Advantage in Foot and Ankle Surgery?

*Techniques and Experiences in Foot and Ankle Surgery: Supplement to Podiatry Today.* August 2006.

#### ■ Current Research and Pending Publications:

- Co-Investigator, Phase III Study, “Microtenotomy Coblation vs. Open Partial Fasciotomy for the

Treatment of Chronic Plantar Fasciitis: A Double-Blind, Placebo-Controlled, Randomized Control Trial”

- Co-Investigator Research Designer, “Integra Bilayer Matrix Wound Dressing for Treatment of Neuropathic Diabetic Foot Ulcers”
- Co-Investigator, Phase II Study, “Pivotal Study to Evaluate the Efficacy and Safety of Dermal – Living Skin Replacement (Dermal – LSR) in the Treatment of Chronic Diabetic Foot Ulcers”
- “Pregabalin in the Treatment of Painful Diabetic Neuropathy of the Foot and Ankle and Possible Prevention of Neuropathic Ulceration” (submitted, Journal of Wounds)
- “Augmented Brostrum Repair Using OrthADAPT™ Biologic Cellular Implant” (submitted, Journal of Foot and Ankle Surgery)
- “Windy-City Decompression Osteotomy for Treatment of Grade I and II Hallux Limitus” (submitted, Techniques in Foot and Ankle Surgery)
- “Acute Deep Venous Thrombosis Presenting as Isolated Foot Pain: A Unique Case” (submitted, Journal Podiatric Medical Association)
- “Repair of Chronic Achilles Tendon Rupture With Monofilament Polypropylene Mesh” (submitted, Foot and Ankle International)
- “Scarfette Procedure for Bunionette Deformity” (submitted, Techniques in Foot and Ankle Surgery)
- “Extracorporeal Shockwave Therapy for the Treatment of Interdigital Neuroma: A Randomized, Controlled, Double-Blinded Trial” (submitted, Journal of American Podiatric Medical Association)
- “Extracorporeal Shockwave Therapy for the Treatment of Achilles Tendonosis and Insertional Tendonitis” (submitted, Journal of American Podiatric Medical Association)
- “Priliminary Results of the Calcaneal Scarf Osteotomy for Acquired Adult Flatfoot Deformity: A Retrospective Analysis” (submitted, Journal of Foot and Ankle Surgery)
- “Unilateral Vs. Bilateral First Ray Surgery: A Prospective Study of 186 Consecutive Cases - Complications, Patient Satisfaction, and Cost to Society ” (submitted, Journal of Foot and Ankle Surgery)
- “Percutaneous Radiofrequency Microtenotomy for the Treatment of Achilles Tendinosis and Plantar Facsiosis (submitted, Techniques in Foot and Ankle Surgery)
- “Modified Posterior Tibial Tendon Repair Using OrthADAPT™ Biologic Cellular Implant”
- “An Initial Treatment Algorithm for Ankle Fracture Dislocation”
- “Use of the Pedobarograph in Decision-Making and Outcomes Measurement of Surgery of the Foot”

#### ■ Lectures/Symposia

- “Evaluation and Management of Foot Ulcers,” NYP-Allen Pavilion, New York, NY December 15 ,2006.
- “Surgical Techniques of the Scarf Bunionectomy and Weil Osteotomy,” Podiatric Lecture Series, Mount Sinai Hospital, New York, NY, September 27, 2006.
- “Pregabalin in the Treatment of Painful Diabetic Neuropathy of the Foot and Ankle and Possible Prevention of Neuropathic Ulceration,” Symposium on Advanced Wound Care and Meedical Research Forum, San Antonio, Texas, April 30-May 3, 2006
- “Extracorporeal Shockwave Therapy for the Treatment of Interdigital Neuroma: A Randomized, Controlled, Double-Blinded Trial,” National Post-Graduate Research Symposium, Midwest Podiatry Conference, Chicago, IL, April 29, 2006
- Co-Chairman and Curriculum Developer, Symposium of Lower Extremity Pediatrics and Trauma, Elmhurst Hospital Center, Elmhurst, NY, April 1, 2006
- “Pediatric Flatfoot Reconstruction,” Symposium of Lower Extremity Pediatrics and Trauma, Elmhurst

Hospital Center, Elmhurst, NY, April 1, 2006

- Differential Distraction Workshop and Laboratory Moderator, Symposium of Lower Extremity Pediatrics and Trauma, Elmhurst Hospital Center, Elmhurst, NY, April 1, 2006
- "Common Procedures for Hallux Valgus," Integra National Sales Meeting, Ft. Lauderdale, FL, February 7-9, 2006
- "Weil Metatarsal Osteotomy," Integra National Sales Meeting, Ft. Lauderdale, FL, February 7-9, 2006
- Cadaver Laboratory Moderator for 1<sup>st</sup> MTP Fusion with Hallu-Fix Plate, Chevron Bunionectomy, Weil Metatarsal Osteotomy, Triple Arthrodesis, and Percutaneous Repair of Achilles Tendon Rupture with Achillon System, Anspach Laboratory, Palm Beach Gardens, FL, February 8, 2006
- "Congenital Talipes Equino Varus: Conservative and Surgical Management," Illinois Masonic Hospital, Chicago, IL, November 15, 2005
- Fridman R, McAleer JP, Benaroya A, Joshi BB, Bensahel HB. "Differential Distraction: An Effective Method for Conservative Treatment of Congenital Talipes Equinovarus." 13th International Society of Orthopedic Surgery and Traumatology (SICOT) Triennial World Congress, Istanbul, Turkey, September 2005

■ Honors:

- Gold Award in Medicine, 2006 National Post Graduate Research Symposium, Chicago, IL
- Silver Award in Surgery, 2006 National Post Graduate Research Symposium, Chicago, IL
- Bronze Award in Surgery, 2006 National Post Graduate Research Symposium, Chicago, IL
- Bronze Award in Medicine, 2006 National Post Graduate Research Symposium, Chicago, IL

■ Poster Presentations

- "Unilateral Vs. Bilateral First Ray Surgery: A Prospective Study of 186 Consecutive Cases - Complications, Patient Satisfaction, and Cost to Society," AOFAS 22<sup>nd</sup> Annual Summer Meeting, La Jolla, CA, July 13-16, 2006
- "Extracorporeal Shockwave Therapy for the Treatment of Interdigital Neuroma: A Randomized, Controlled, Double-Blinded Trial," AOFAS 22<sup>nd</sup> Annual Summer Meeting, La Jolla, CA, July 13-16, 2006
- "Extracorporeal Shockwave Therapy for the Treatment of Achilles Tendonosis and Insertional Tendonitis," ACFAS 64<sup>th</sup> Annual Scientific Conference; Las Vegas, NV, March 20-24, 2006
- Preliminary Results of the Calcaneal Scarf Osteotomy for Acquired Adult Flatfoot Deformity: A Retrospective Analysis," ACFAS 64<sup>th</sup> Annual Scientific Conference; Las Vegas, NV, March 20-24, 2006
- "The Use of Osteocure™ Bone Graft Substitutes in Foot and Ankle Surgery," ACFAS 64<sup>th</sup> Annual Scientific Conference; Las Vegas, NV, March 20-24, 2006

■ Highlights:

- Medical Staff, LaSalle Bank Chicago Marathon, October 2005
- Medical Staff, Accenture Chicago Triathlon, August 2005

**Chief Resident, Podiatric Surgery (PM&S-36)**

*Jul 2002-Jun 2005*  
*New York, NY*

*The Mount Sinai Hospital*

■ Publications:

- Benaroya A, Fridman R, Joshi BB, Bensahel H. "A Combined Functional Approach to Treatment of Clubfoot." DVD/Multimedia. JESS Research and Development Center. 2004.

■ Honors:

- "Lend-A-Hand" Award; Rotary Club of Barshi, November 2003

- Lectures/Symposia:

- "The Ponsetti Method for Correction of Clubfoot," Western India Regional Orthopedic Conference; Bombay, India, November 2003.
- "What is Left to Surgery in Clubfoot," International Federation of Pediatric Orthopedic Societies Congress; Salvador da Bahia, Brazil, September 2004.
- Co-Chairman, "Modern Approach to Clubfoot: Surgical Treatment," International Federation of Pediatric Orthopedic Societies Congress; Salvador da Bahia, Brazil, September 2004

- Poster Presentations:

- "Correction of Clubfoot by Differential Distraction – A Retrospective Study of 19 Orthopaedic Practices," ACFAS 63rd Annual Scientific Conference; New Orleans, LA, March 2005.
- "Sequential Treatment for Clubfoot Using Functional Therapy and Differential Distraction: A Preliminary Report," European Paediatric Orthopaedic Society 24<sup>th</sup> Annual Meeting; Palma de Mallorca, Spain, April 2005

### **Doctorate, Podiatric Medicine**

*Sept 1998-Jun 2002  
New York, NY*

*New York College of Podiatric Medicine*

- Editor-In-Chief, Podiatric Medical Review, 2000-2001.

- Publications:

- "Tibial Fractures in the Skiing Athlete: Incidence, Mechanism, and Treatment," Podiatric Medical Review, Spring 2000
- "Botulinum Toxin A in the Treatment of Spastic Equinus: A Comparative Review," Podiatric Medical Review, Spring 2001

- Honors:

- Academic Achievement in Molecular Biology and Genetics
- Award for Outstanding Service to the Podiatric Medical Review

### **Bachelor of Science, Psychology**

*Jan 1994-Jun 1997  
Brooklyn, NY*

*CUNY - Brooklyn College*

- CUNY Scholars Program graduate
- Music Director, WBCR – Brooklyn College Radio, 1995-1997